

LOSS^{IN THE} OUTDOORS

FOR THOSE WHO HAVE BEEN AFFECTED BY
GRIEF & LOSS RELATED TO OUTDOOR PURSUITS



A PROFESSIONALLY-FACILITATED GRIEF SUPPORT GROUP LED BY JUSTIN SHORT, MPH, LCSW

THE GROUP IS MOST TAILORED TO:

- Individuals Who Have Directly, Or Vicariously, Experienced Trauma In The Outdoors
- Adventure Athletes
- Surviving Family Members & Friends
- Spouses and Care Partners
- First Responders Experiencing Stress Injuries
- Ski Patrol, Search and Rescue, Paramedics and EMS
- Other Direct-Care Medical Professionals

THIS IS NOT GROUP THERAPY. This is a time for coming together to share common experiences, know you are not alone, forge connections and create sustained-healing through fellowship and community.

MEETINGS ON THE 3RD WEDNESDAY OF EVERY MONTH. 6:00 – 7:30pm. This is an in-person group only and not able to accommodate remote participation.

PLEASE CONTACT JUSTIN SHORT AT 406-961-7203 prior to attending your first meeting to make sure your expectations are in alignment with the mission of this group.